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he 2021 Therme Manchester Marathon will be the biggest the city has ever seen, with almost 40,000 runners registered to run either 26.2 or 13.1 miles on Sunday 10th October.

We know not everybody will be able to come to Manchester in person this year, so this guide gives details of how best to follow the action from afar. We will be providing full coverage of both events, allowing supporters to follow the action from wherever they are in the world.

This includes: TIMING UPDATES

The time at which each runner begins their challenge will differ, with starts spread out over several hours to enable a comfortable environment, and adequate space on the roads. Each runner is issued an allocated arrival and estimated start time in advance, which you can use as a guide to when they will begin.

On our website you will be able to find a link to our timing partners, allowing you to search for each runner individually. Their accurate progress will update as they cross each of the multiple timing mats on the course from the start line to the finish.

Continued over...

THERME MANCHESTER MARATHON & MANCHESTER HALF SUPPORTER GUIDE

LIVE BROADCAST

We will be broadcasting a live feed from the event so you can keep an eye on the Therme Manchester Marathon and Manchester Half finish line as our heroes complete their challenge. Regardless of how long it takes them to cross the line, you can keep an eye out for your friends and loved ones as they reach the culmination of months of training and sacrifice.

You can watch the broadcast directly on our <u>website</u> and through our official <u>YouTube channel</u>. This allows you to also watch in high quality through your smart tv or phone using the YouTube app. MARATHON MARATHON

AT THE THERME MANCHESTER MARATHON

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LIVE COVERAGE

We'll have our team of reporters on the ground sending updates to our dedicated website page throughout the day. This will update every few minutes featuring pictures, videos, and news from around the course. We'll also be featuring social media posts from our runners and supporters using #ManchesterMarathon or **#MCRHalf**, giving you the opportunity to be seen by tens of thousands of people.

We'll be live from 7am on event day, right the way through to when the last person crosses the line that evening.