



2025 adidas Manchester Marathon Relay Start List

Last updated 15/04/2025

To find your start information, press Ctrl + F (Cmd + F on Mac) and enter your team name. The start time and wave will apply to the team member starting the event wearing bib A. Subsequent participants will start at the designated relay handover points.

Team Name	Bib Number	Wave	Start Time
#MileShyClub Vibe	40118	Maroon	10:30
10K Crew	40088	Maroon	10:30
2Legit2Quit	40121	Maroon	10:30
3rd Half	45031	Bronze	09:30
A few good runners	40033	Navy	10:10
A Quick Morning Manc	40098	Maroon	10:30
AC running	45057	Grey	10:20
adi Trotters	45085	Purple	09:50
adidas adidashers	45082	Maroon	10:30
adidas Blister Sisters	45080	Maroon	10:30
Adidas HNM	45084	Maroon	10:30
adidas huns x	40156	Yellow	10:00
adidas Legs	45087	Maroon	10:30
adidas Men at Work	45079	Maroon	10:30
adidas Nordic1	45090	Purple	09:50
ADIDAS UK RETAIL SUPERSTARS	40154	Maroon	10:30
ADIDAS VELEX	45086	Purple	09:50
Adidas with MTJ PR	40157	Yellow	10:00
AdiDashers	45083	Purple	09:50
AdidasLDN1.0	40162	Red	09:10
AdidasNothingSpezial	40155	Yellow	10:00
Alma RC	45075	Purple	09:50
Alma Runners	40053	Grey	10:20
Alty Allstars	40135	Maroon	10:30
Ancoats Run Club Relay	40025	Red	09:10
ARR Group 4	40078	Grey	10:20
ASOS SPEED 100	40161	Yellow	10:00
AVR UK	40143	Maroon	10:30
Barkinders	40132	Yellow	10:00
Barn Babes	40039	Orange	10:40
Barn Bolts	40040	Orange	10:40
Barnacre	40030	Orange	10:40
Bassett Bees	45050	Navy	10:10
Beacon	40101	Purple	09:50
BELLENDs	40032	Light Green	09:40
Blondes Have More Run	40127	Maroon	10:30
Bovey Dazzlers	40028	Navy	10:10
Bramcote Belles	40136	Black	10:50
Bramcote Belles 2	40137	Black	10:50
Bramcote Belles 3	40138	Maroon	10:30
BRC Running huns	45027	Bronze	09:30
Bren & Lucie	45011	Yellow	10:00
Buzzing Bees	45021	Yellow	10:00
Caley Girlies	40152	Maroon	10:30
Camitch	45063	Grey	10:20
Casked Runners Relay	40017	Bronze	09:30
CCC	45023	Orange	10:40

Chafing the dream	45042	Navy	10:10
ChamPAIN	40042	Navy	10:10
Char&Bells	45043	Light Green	09:40
Chris +Co.	40057	Light Green	09:40
ClaireDevils	40120	Black	10:50
Clifton Park Runners A	40008	Navy	10:10
Clifton Park Runners B	40012	Navy	10:10
CliftonPark Runners	40010	Bronze	09:30
Clonaslee ladies	45016	Orange	10:40
CPGG Girls	40079	Grey	10:20
Crazy Thursday Runners	40060	Grey	10:20
CRG 1	45078	Purple	09:50
CRR Elite Ladies	40014	Navy	10:10
Daffodils	40092	Maroon	10:30
Dandy	45008	Red	09:10
Darwin Darlings	40006	Orange	10:40
Davenport 2nds	40077	Grey	10:20
Deakin Brothers	40103	Purple	09:50
Dirty Mike and the boys	40085	Purple	09:50
Ditchfield Dawdlers	40082	Grey	10:20
DL Warrington Runclub	40087	Grey	10:20
Dot Decorum	40018	Bronze	09:30
DoubleTrouble	45003	Bronze	09:30
Down Syndrome Swimming GB Papa's	40113	Maroon	10:30
Dream Team 25	40058	Grey	10:20
Durrants	45002	Bronze	09:30
Eagle AC 1	45088	Light Green	09:40
EDILDN runners	40160	Black	10:50
Eight Legs	40052	Orange	10:40
Ell's Angels	40123	Maroon	10:30
England Squash	40125	Yellow	10:00
FAB FOUR	40007	Navy	10:10
Fabulous 4	40072	Light Green	09:40
Family Affair	40048	Grey	10:20
Fantastic Four	40097	Orange	10:40
FISH	40099	Purple	09:50
Fish out of Water	40109	Black	10:50
Four the Win	40163	Maroon	10:30
Four Under Four	40004	Navy	10:10
Georgie's Team	40061	Light Green	09:40
GILLIBRANDS	40100	Orange	10:40
Ginger the Cat	45038	Light Green	09:40
Girls aloud	40084	Grey	10:20
GMBB 1	40062	Light Green	09:40
GMBB 2	40063	Grey	10:20
Green team	45069	Maroon	10:30
Hacknutt!	45028	Orange	10:40
Handsfree 1	40049	Grey	10:20
Handsfree 2	40050	Light Green	09:40
Handsfree3	40051	Light Green	09:40
HanworthPR	45013	Yellow	10:00
Hard Yards 2	40141	Maroon	10:30
Hard Yards Running Club	40140	Maroon	10:30
Hard Yards Running Club 3	40142	Black	10:50
Harrier Chicks	45054	Black	10:50
Harrisburg runs UK	45089	Navy	10:10
HB Runners	40065	Grey	10:20
HB Runners B	40064	Grey	10:20
HbgRunsMan	40164	Maroon	10:30
HeartHip	45007	Bronze	09:30
Helios#1	40067	Light Green	09:40
Helios#2	40069	Light Green	09:40
Helios#3	40070	Light Green	09:40

Helios#4	40071	Light Green	09:40
Here4beer	45004	Bronze	09:30
Highwayman	40090	Purple	09:50
HK TaipoBong2	45006	Bronze	09:30
Hopefuls	40034	Navy	10:10
Hotshots	45039	Light Green	09:40
I	40024	Navy	10:10
I'm feeling Supersonic Supernova	45081	Red	09:10
It's a runderful life	40047	Grey	10:20
Jambor	45019	Bronze	09:30
Jane & Joe	45041	Navy	10:10
Jane and the Pacemakers	40046	Light Green	09:40
JD CTC	40159	Yellow	10:00
Jemry	45026	Bronze	09:30
Jen's team	40165	Yellow	10:00
JJ & JP (A&E)	45025	Yellow	10:00
Jonnies Angels	40139	Maroon	10:30
Just Run	45064	Light Green	09:40
Kemp4	40009	Bronze	09:30
Kerb Runners	40023	Navy	10:10
Kiddy Ringo Stars	40081	Grey	10:20
Lakeside Runners	40044	Orange	10:40
Lakeside Runners 1	45015	Yellow	10:00
Last minute decision	45030	Navy	10:10
Lawtons and Gene Enhancers	40146	Yellow	10:00
Leo Legs	45048	Red	09:10
Levenshulme Runners	40055	Red	09:10
Ligma	40068	Light Green	09:40
Little Legs's Legends	40094	Purple	09:50
Lully's Pace Makers	40080	Grey	10:20
Mad Dads	40019	Navy	10:10
Mad Mums	40000	Navy	10:10
Manchester Relay	45000	Bronze	09:30
Mandy & Lun	45046	Light Green	09:40
McMillan	45033	Black	10:50
MHA	40005	Bronze	09:30
Milesby 4X4	40119	Maroon	10:30
MileShy flying high	40122	Yellow	10:00
Milesby Gemma	45060	Grey	10:20
Milesby Go!	40133	Black	10:50
Milesby Stretford	40124	Yellow	10:00
MILESHYERS	40117	Maroon	10:30
Monkston	40106	Yellow	10:00
Moss Vale	45068	Maroon	10:30
Mow Cop Duo	45070	Purple	09:50
Mr & MRS Parry	45012	Bronze	09:30
Mug Club	40074	Orange	10:40
Mums That Run	45018	Yellow	10:00
MWAJ	45029	Orange	10:40
Nakar	45059	Grey	10:20
Nantwichgals	40041	Navy	10:10
Non-Pextons	40128	Maroon	10:30
Nothing silly	40011	Bronze	09:30
Ollie and Charlie	45014	Bronze	09:30
OpFit Swindon	40149	Maroon	10:30
OVER THE HILL GANG.	40013	Red	09:10
Oye-Eri	45074	Purple	09:50
Pea Wet	40045	Light Green	09:40
Peas and Carrots	45040	Navy	10:10
Pineapple5	40105	Purple	09:50
Plough and Harrow	40089	Red	09:10
Powell	45071	Purple	09:50
Powells	45072	Purple	09:50

Power Pacers	45052	Navy	10:10
Push the tempo	45053	Navy	10:10
Rich's Gang	40104	Maroon	10:30
Rick and Nic	45058	Light Green	09:40
Ridgers	45009	Yellow	10:00
RIEP SPOOKY	40153	Yellow	10:00
Rogue Runners	40027	Navy	10:10
Run Like The Wind	40016	Bronze	09:30
Run like the winded	40147	Maroon	10:30
Run Sista's	40036	Navy	10:10
RunnersWorld	45076	Purple	09:50
Running Buddy's	40114	Black	10:50
Running for Gold	40107	Maroon	10:30
Running Tanners	40021	Bronze	09:30
Scozzies	40144	Maroon	10:30
Seaham Stragglers	40095	Orange	10:40
SECRET CLUB	45017	Bronze	09:30
Shut Up About Running	40054	Grey	10:20
Skelmersdale Jolly Joggers	40086	Grey	10:20
SKELMERSDALE RUNNING CLUB - TEAM VIKING	40096	Purple	09:50
Sole Sisters	40056	Grey	10:20
Sole-Mates	40145	Maroon	10:30
Sporting Mamas	40116	Yellow	10:00
Squirrels	40150	Yellow	10:00
SRC	45036	Light Green	09:40
St Johns Run Huns	40158	Maroon	10:30
Super Speedy Skem Massive!	40102	Maroon	10:30
T & G	45062	Red	09:10
T21 Trailblazers	40112	Black	10:50
Taffs	45024	Yellow	10:00
Team Green	40020	Orange	10:40
Team Hedgehogs	40151	Yellow	10:00
Team J	40111	Black	10:50
Team Mabel	40031	Navy	10:10
Team Marvel	40022	Light Green	09:40
Team Nut	45035	Navy	10:10
Team Perry	45010	Bronze	09:30
Team Timperley	40038	Navy	10:10
Team Titler	40037	Light Green	09:40
Team WAC	45049	Navy	10:10
TEAMILYAS	45005	Yellow	10:00
TGCR 4 JOY	40110	Maroon	10:30
TGCR Great Park	45051	Light Green	09:40
TGCR team K	40115	Maroon	10:30
The All Stars	40126	Maroon	10:30
The A-team	40066	Light Green	09:40
The Best of MLH	40130	Yellow	10:00
THE BOLTS	45022	Yellow	10:00
The Last Legs	40076	Purple	09:50
The Lee-Hume Team	45067	Purple	09:50
The Pextons	40129	Maroon	10:30
The Pork Runners	40029	Navy	10:10
The Puck	40003	Navy	10:10
The Relay RACers	40035	Navy	10:10
The relay slays	45001	Yellow	10:00
The slow racers	40083	Grey	10:20
The Speedy Stingers	45065	Grey	10:20
THQ EBAS	40075	Grey	10:20
THT	45055	Light Green	09:40
timp dental	40001	Bronze	09:30
Tip Top Team	40015	Navy	10:10
Tom and Paddy	45032	Light Green	09:40
Top of The Town	40073	Purple	09:50

Turn up the HEAT	40108	Maroon	10:30
Tutbury duo	45061	Grey	10:20
Tutbury Runners	45045	Navy	10:10
Tutbury Twirls	45047	Navy	10:10
TYPE2FUN	45077	Purple	09:50
UK Lionesses	45044	Light Green	09:40
Wakey 22	45066	Black	10:50
Wan Family	40093	Maroon	10:30
Watson wonders	45056	Navy	10:10
WeeBailey	45034	Light Green	09:40
WeRunForCake	40002	Bronze	09:30
Westbourne	40059	Grey	10:20
We've Got The Runs	40134	Yellow	10:00
Whinlatter Warriors	45073	Maroon	10:30
Whoville Rats	40026	Orange	10:40
Wii not fit	40148	Black	10:50
WINers TIME	40043	Orange	10:40
Woodsies	45020	Yellow	10:00
Wrekin Latecomers	40131	Maroon	10:30
Wrekin Scrambled Legs	40091	Maroon	10:30
XJTLU Alumni	45037	Light Green	09:40
Trafford Moving Fund Team 1	45091	Maroon	10:30
adidas 2 Person - Team A	45092	Yellow	10:00
adidas 2 Person - Team B	45093	Light Green	09:40
adidas 2 Person - Team C	45094	Light Green	09:40
adidas 2 Person - Team D	45095	Light Green	09:40
adidas 2 Person - Team E	45096	Light Green	09:40
adidas 2 Person - Team F	45097	Light Green	09:40
adidas 2 Person - Team G	45098	Light Green	09:40
adidas 2 Person - Team H	45099	Blue	09:20
adidas 2 Person - Team I	45100	Light Green	09:40
adidas 2 Person - Team J	45101	Yellow	10:00
adidas 2 Person - Team K	45102	Yellow	10:00
TEAMBTH	40166	Orange	10:40
Roy Kinnear's Team	40167	Navy	10:10
Trafford Moving Fund Team 3	40168	Navy	10:10
BBC Radio Manchester	40169	Navy	10:10
Trafford Moving Fund Team 2	40170	Navy	10:10
Muffin Tops	40171	Navy	10:10
Pink Ladies	40172	Light Green	09:40
Noasis	40173	Navy	10:10
From the Toon to Joburg	40174	Light Green	09:40
Miles before martinis	40175	Pink	11:00
adidas 4 Person - Team A	40176	Yellow	10:00
adidas 4 Person - Team B	40177	Pink	11:00
adidas 4 Person - Team C	40178	Blue	09:20
adidas 4 Person - Team D	40179	Light Green	09:40
adidas 4 Person - Team E	40180	Pink	11:00
adidas 4 Person - Team F	40181	Yellow	10:00
adidas 4 Person - Team G	40182	Yellow	10:00
adidas 4 Person - Team H	40183	Yellow	10:00
adidas 4 Person - Team I	40184	Light Green	09:40
adidas 4 Person - Team J	40185	Blue	09:20
adidas 4 Person - Team K	40186	Pink	11:00
adidas 4 Person - Team L	40187	Light Green	09:40
adidas 4 Person - Team M	40188	Yellow	10:00
adidas 4 Person - Team N	40189	Light Green	09:40
adidas 4 Person - Team O	40190	Light Green	09:40